



香港中文大學
The Chinese University of Hong Kong



香港中文大學醫學院
Faculty of Medicine
The Chinese University of Hong Kong

35
th Anniversary
三十五週年



CHAMPION
香港中文大學
醫學院社區健康及藥物安全外展隊



CU CHAMPION

COMMUNITY OUTREACH PROGRAMME 2017 PRESENTATION



Welcome Address

Prof. Dennis K.P. NG
Pro Vice Chancellor
The Chinese University of Hong Kong





**CU CHAMPION
Community
Outreach
Programme in
2017**

Prof. Vivian WY LEE
Assistant Dean (Student Development)
Faculty of Medicine
The Chinese University of Hong Kong





Programme Year

October to September

Core Team

January to December

**Core Team
2016**

**Core Team
2017**

**Core
Team
2018**

Oct 16

JAN 17

SEP 17

Oct 17

Jan 18

Start of 2017

**End of
2017**

**Start of
2018**





CU CHAMPION Staff Team

CU CHAMPION Core Team 2017

Internal Team

**Recruit and manage
CUHK student
volunteers**

**Coordinate team
affairs and
meetings**

Host events

External Team

**Recruit secondary
school student
volunteers**

Promotion

**Coordinate event
logistic**

Resource Team

**Coordinate outreach
service materials**

**Analyze evaluation
data**

**Monitor
participation and
progress in
e-learning**

Research Team

**Develop Summer
Outreach
questionnaire**

**Analyze the
research data**

**Conduct post
outreach follow up
visit service**





**Post Outreach Follow Up
Visits
Elderly
October to March**



**Fall Outreach
CUHK students & alumni
October**

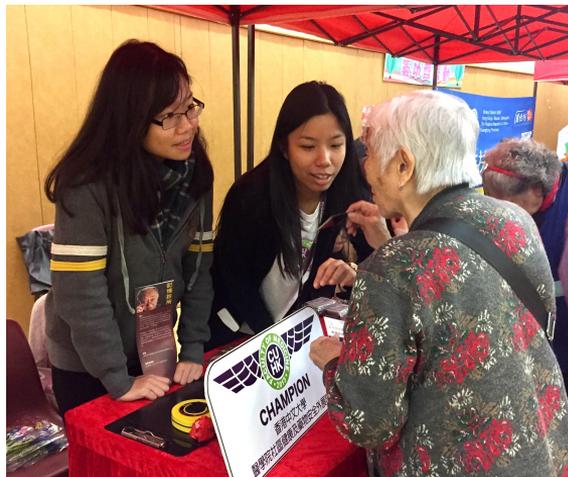


**Fall Outreach
Community Health Check
November**





Workshop Series
December



Winter Outreach
Elderly
December



Winter Outreach
Elderly
December





Winter Outreach
Elderly
February



Winter Outreach
Health Carnival
February



Winter Outreach
Home Visit
February





Workshop Series
February



Champ School Tour
March and April



Spring Outreach
Home Visit
March





Spring Outreach
Ethnic Minority
March & April



Spring Outreach
Elderly
April



Pre Summer
Electrocardiogram Screening
June





**Outreach Briefing
Workshop
May & June**



**Summer Outreach
Elderly
July & August**



**Pharmacist
Home Visit Program
June**



**Fall Outreach
Public Health Check
September**



Service subjects & Volunteers

Oct 2016 - Sep 2017



Elders
3415



CUHK student volunteers
and mentors
270



Children
449



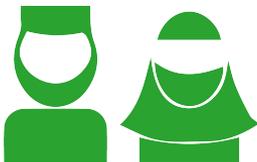
Secondary schools student
volunteers
117



Adult
290



Core Team members
20



Ethnic Minority
81

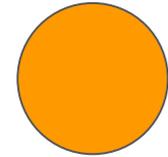
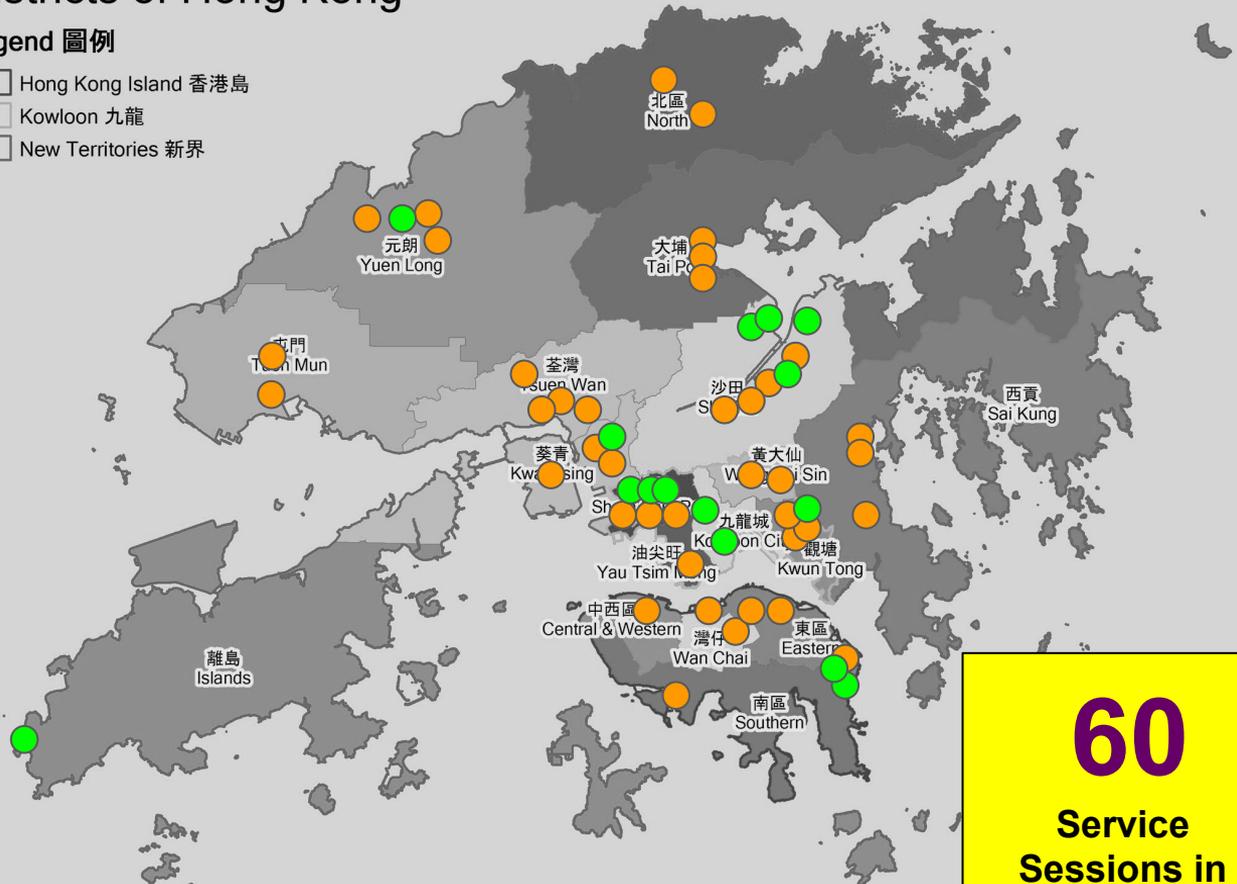


Professional Volunteers
73

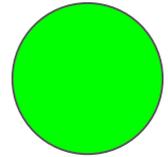
Districts of Hong Kong

Legend 圖例

-  Hong Kong Island 香港島
-  Kowloon 九龍
-  New Territories 新界



Summer
Outreach



Fall / Winter /
Spring
Outreach &
Follow Up
Service

60
Service
Sessions in
2017

CU CHAMPION SUMMER OUTREACH 中大夏季社區健康外展服務2017



香港中文大學醫學院及社工系師生、校友、及高中學生將於暑假期間在本港各區進行四十場社區健康外展服務。活動目的在於提高長者對心房顫動、腦退化症、藥物安全的認識。

Teachers, students and alumni from Faculty of Medicine and Department of Social Work, together with a group of students from secondary schools, will conduct 40 outreach sessions in different districts of Hong Kong this summer. The aim of the summer outreach is to increase elderly awareness on atrial fibrillation, dementia and medication safety.



Department of Social Work
The Chinese University of Hong Kong

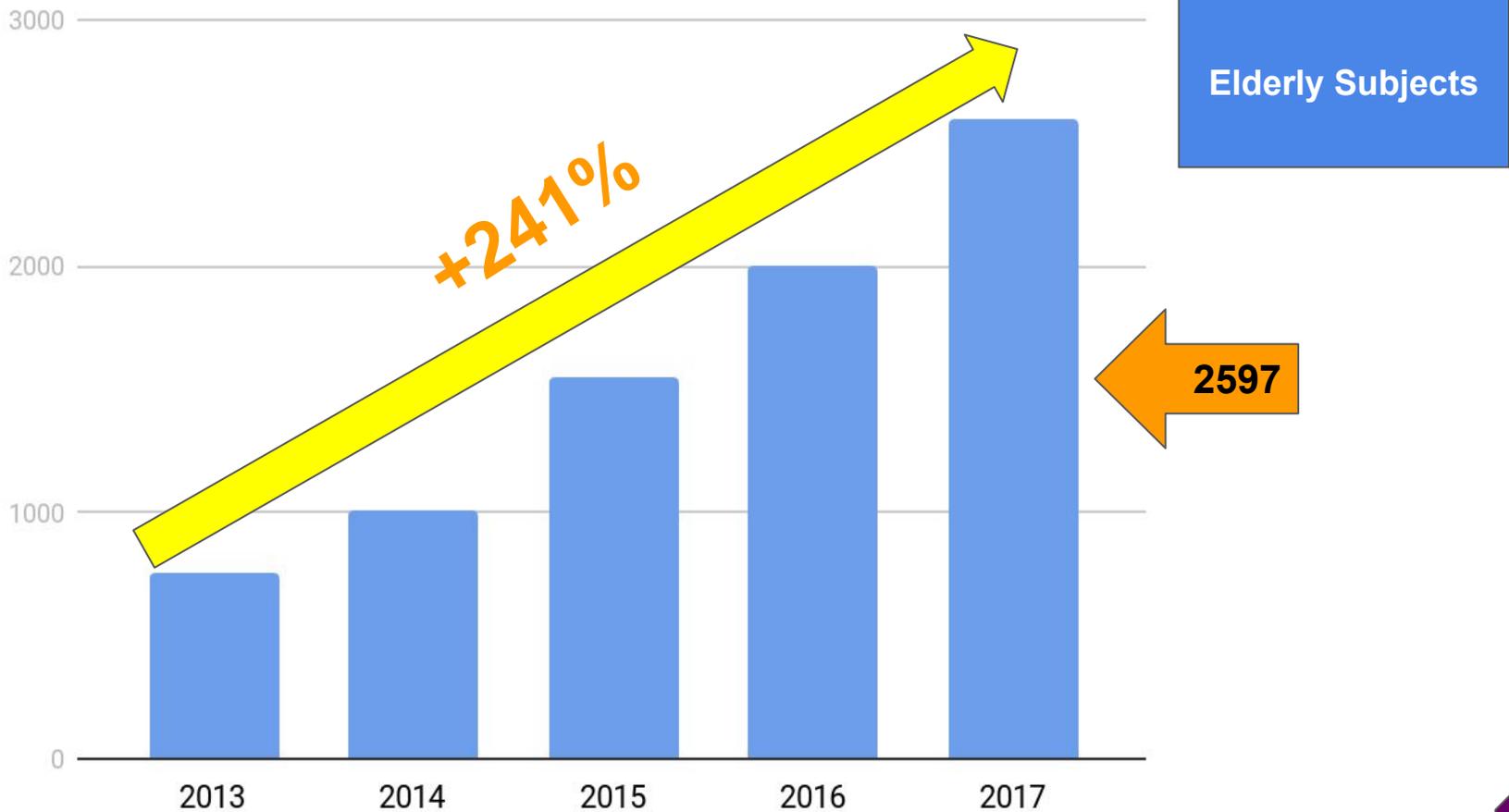
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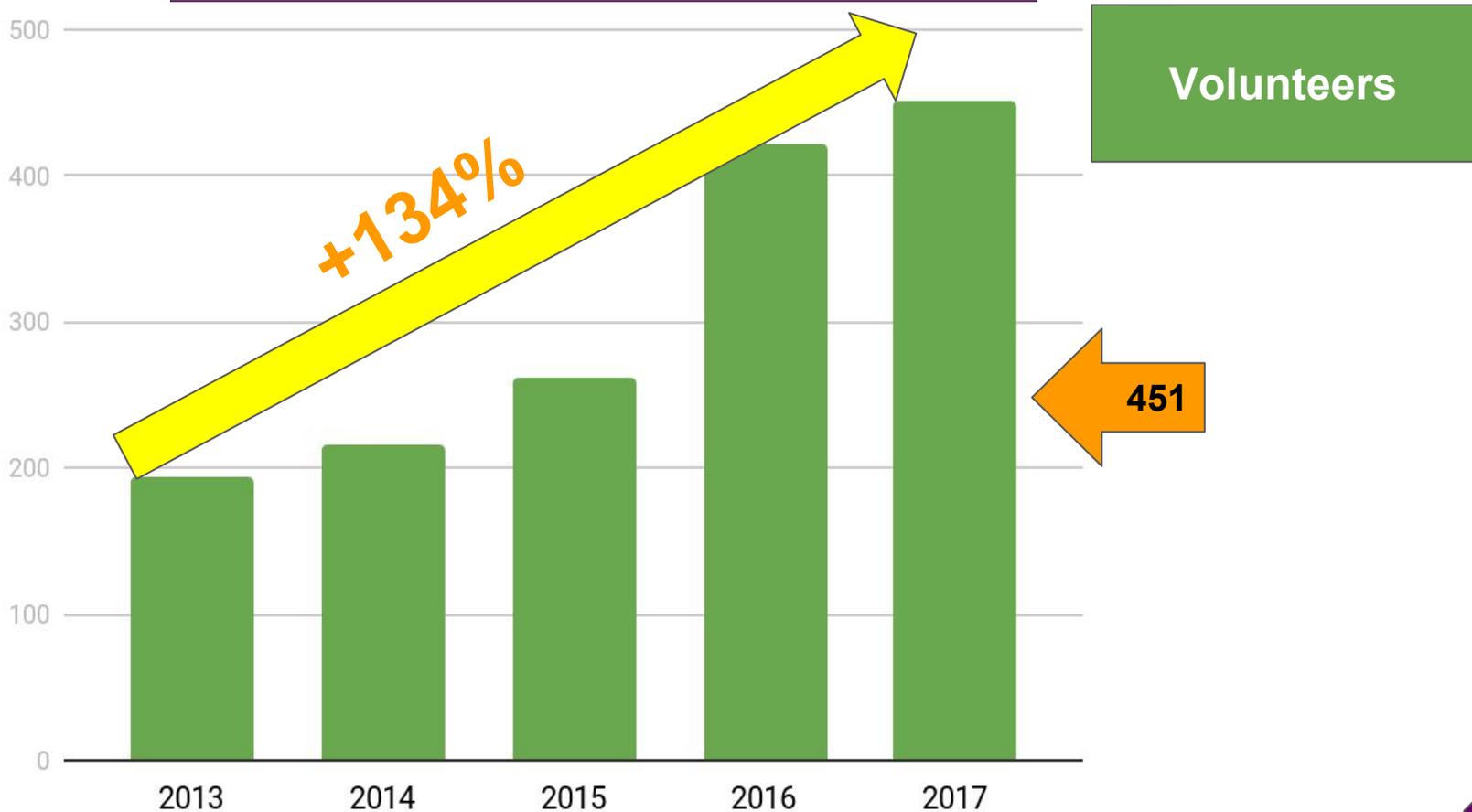
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Sponsored by:



Summer Outreach Since 2013



Summer Outreach Since 2013



Volunteers' Engagement

| Items | CUHK students) (n=290) | Secondary schools students (n=117) | Pharmacists, Nurses, Chinese Medicine Practitioners (n=73) | TOTAL Hours (n=480) |
|------------------------------|---------------------------|--|---|---------------------------|
| Outreach service hours | 6945 | 3846 | 840 | 11631 |
| E-learning hours | 5470 | 3045 | N/A | 8515 |
| Overall | 12415 Hours | 6891 | 840 | 20146 |
| Average | 43 Hours | 59 Hours | 11.5 Hours | 42 Hours |



Student volunteers' engagement

| Class of certificates | Platinum | Gold | Silver | Bronze | Participation |
|--|----------|---------|---------|---------|---------------|
| Hours of outreach service & e-learning | 80+ | 70 - 79 | 55 - 69 | 40 - 54 | 10 - 39 |
| Students | 33 | 65 | 94 | 52 | 124 |
| Overall | 9% | 18% | 25% | 14% | 34% |



Community partners in 2017



香港聖公會
HONG KONG SHENG KUNG HUI



香港醫學會
THE HONG KONG
MEDICAL ASSOCIATION



關愛社會醫生聯會



HONG KONG
HOUSING SOCIETY
香港房屋協會



香港教育專業人員協會
Hong Kong Professional Teachers' Union



香港耆康老人福利會
The Hong Kong Society for the Aged



香港基督教青年會
YMCA OF HONG KONG



和諧之家
HARMONY HOUSE



香港明愛
Caritas - Hong Kong



賽馬會耆智園
Jockey Club Centre for Positive Ageing





Summer Outreach Objectives:

**Atrial
Fibrillation**

**Medication
Safety**

Dementia

**Health
Promotion
Skills**

**Geriatric
Care**

**Inter-
Professional
Teamwork**



Interprofessional Service Learning in CU CHAMPION



CHAMPION: CUHK Students



- MBChB
- Pharmacy
- Nursing
- Gerontology
- Chinese Medicine
- Public Health
- Community Health Practice
- Social Work



Champ: *Secondary School Students*

- Carmel Pak U Secondary School
 - (迦密柏雨中學)
- Heep Yunn School
 - (協恩中學)
- SALEM Immanuel Lutheran College
 - (南亞路德會沐恩中學)
- S.K.H. Lam Woo Memorial Secondary School
 - (聖公會林護紀念中學)
- S.K.H. Tsang Shiu Tim Secondary School
 - (聖公會曾肇添中學)
- Wah Yan College Kowloon
 - (九龍華仁書院)

Pre Outreach Workshop:

1. Explain outreach logistic
2. Address service objectives
3. Introduce IPE concept
4. Equipment training
5. Case discussion
 - a. One case per group
 - b. Four students of different disciplines in group
 - c. Address problems
 - d. Find solutions
 - e. Presentation





Blackboard



KEEP

E-learning platforms:

1. **CU CATALYST 2017**
2. **Supplementary workshop content and learning materials by teachers from**
 - a. **Medicine**
 - b. **Pharmacy**
 - c. **Nursing**
 - d. **Chinese Medicine**
 - e. **Public Health**
 - f. **Biomedical Sciences**
 - g. **Social Work**

Outreach Services

1. Registration



2. Body Mass Index



3. Health Questionnaire



4. Blood Pressure Monitoring



8. Health / Drug Consultation



7. Health Summary

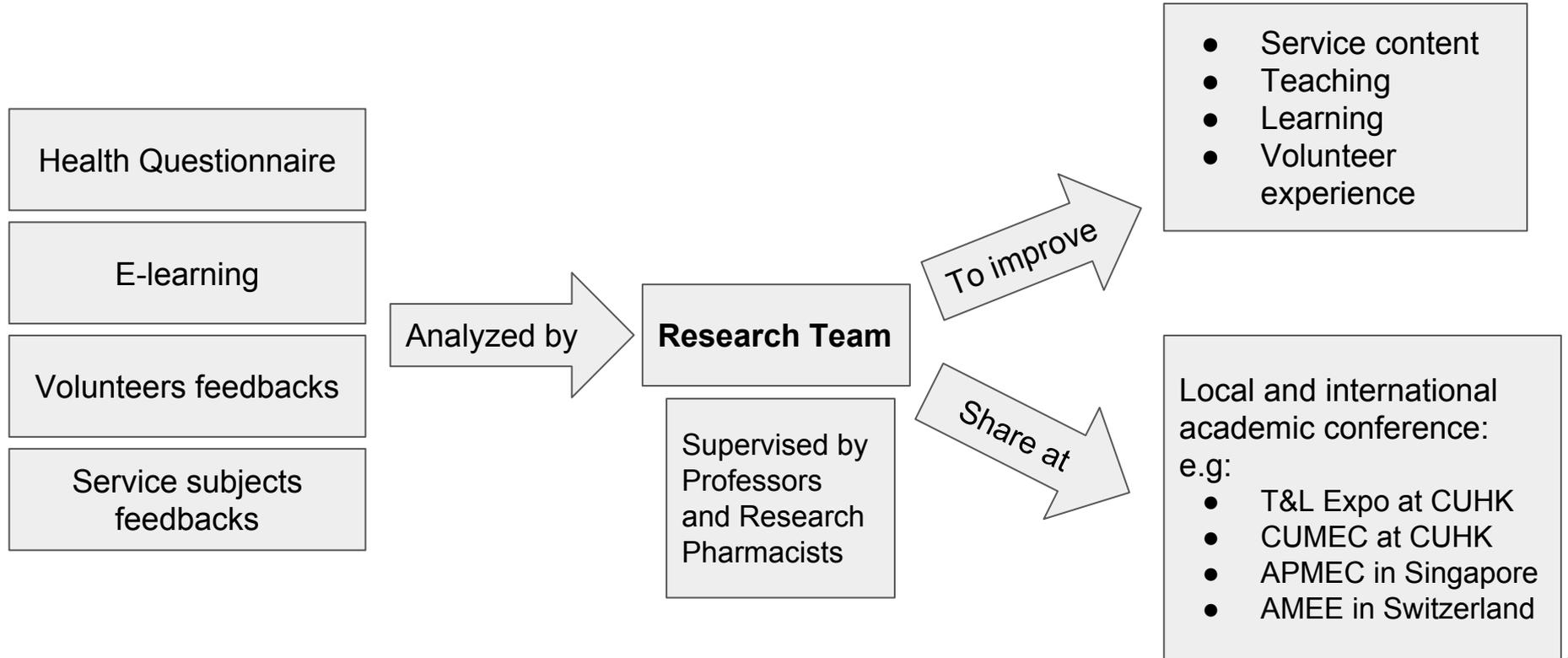


6. Blood Glucose Monitoring



5. Electrocardiogram Monitoring

Research components in CU CHAMPION



Thank you!





CU CHAMPION 2018

Marco Mak
MBChB Year 3
Internal Team Leader
Core Team 2017





CU CHAMPION 2018

2018



- **Enhance service learning**
- **Enrich volunteering experience**
- **Engage in community**
- **Gain experience in specific endeavors**

Starts TODAY!



CHAMPION 2018

Timeline

Core Team &
Volunteers
Recruitment

Champ 2018
School Visit

Champ
Workshops

Champ
Workshop

CHAMPION
Workshop

OCT

NOV

DEC

JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

Fall
Outreach

Winter
Outreach

Spring
Outreach

Summer
Outreach

Post outreach follow up services

3 ways to earn Service Hours in 2018



Volunteers Recruitment



Core Team Members



Champ Mentors



Volunteers

Coming Soon!

Alumni Programme



- **CU CHAMPION / Faculty of Medicine Alumni**
- **Share work experience in patient care and interprofessional collaboration**
- **Mentor current students**
- **Advise on career and personal development**
- **Explore future career prospects.**

Spring 2018



Workshop Series

- Organized by
 - CU CHAMPION, or
 - Community partners
- Various topics to enhance health knowledge
- On / off campus
- Attendance will be counted in Service Hours 2018

Coming soon!
Dementia Workshop by JCCPA
Nov. 7



DM Day

- Student initiated project
- Public diabetes mellitus (DM) screening event
- To raise the public's awareness toward DM
- Prevent the increase in the number of DM
- Glucose screening, health game booth, mini lecture
- Target : children, adult, elderly
- Support by iCare

May 2018

Children Service



- **Pilot service programme for children**
- **Equip them with drug safety foundation**
- **Promote medication safety and health education**
- **Mini lecture, interactive games, CUHK campus tour**
- **More in 2018**



Coming soon!
November 18, 2017



Neighbourhood Programme

- **Make a difference in our community**
- **More interaction with the underserved**
- **Series of outreach activities with community partners**

Coming Soon!

- **Homeless is More :**
 - **October 19**
- **HKMA Community Health Academy home visit:**
 - **October 21**

Elective Course

- **Stimulate:**
 - Innovation and Design in healthcare service
 - Global citizenship & Social Enterprisingness
 - Interprofessional collaboration
- **3 components: lecture, e-learning, and outreach services**
- **1 credit unit**
- **CUHK students**

Summer Semester, 2018





Champ 2018

- 3rd year programme for senior secondary school students
- Recommended by teachers
- Keen to healthcare studies
- Attend workshops and summer outreach
- School tour

March - August, 2018

Champ 2018

Timeline

School Application

School Visit

Training Workshops
(Lectures & Equipment Training)

DM DAY

Training Workshop
(Mock Service)

Summer Outreach

OCT

DEC

JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

Volunteers application



Oversea Service Trip 2018

Stay tuned!

www.cuchampion.com



CU CHAMPION