Patients' Role In Inter-professional Education in the Community





The Chinese University of Hong Kong

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Objective

To evaluate patients' role and how they impact on our inter-professional elderly service learning program in terms of enhancing geriatric care skills, knowledge and understanding on patients' needs to pre-licensure health professional and social work students.



Our Program & Project

- Community Health And Medication-safety Promotion Inter-school Outreach Network (CU CHAMPION) is an inter-professional education (IPE) service learning program at The Chinese University of Hong Kong.
- We organize outreach project every summer to provide a platform for students to serve the Hong Kong community. This poster illustrates patients' role and the impact in our community outreach project in Summer 2018.

Students & IPE Activities

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- 206 students participated during May-August 2018. Prior to the community outreach, the students had to attend a compulsory workshop to refine their skills.
- Teachers from each discipline prepared e-learning materials for self learning purpose.
- The community outreach project provided students with the opportunities to work as a multidisciplinary team and provide health service to elderly patients.



Students Composition ☑ Nursing ☑ Pharmacy ☑ Public Health **☑** Medicine **☑** Biomedical Sciences 6 **☑** Chinese **☑** Community Health

Practice

Service Content

- ☑ Health interview & preliminary assessment
- ☑ Document drug waste for proper disposal
- ☑ Provide basic health check
- ☑ Interpret health education
- **☑** Serve with peers of different disciplines

Community Outreach

☑ Elderly Patients 3122 **☑** Community Partners 44 **☑** Healthcare Professional 51



Medicine

Patients' Role

Patients were the key learning facilitators in this project. They were willing to share their life experience, health, and understanding of health topics. These information were essential for students to examine and identify their physical, psychosocial, and knowledge needs.

Information from Patients

Impact on Students

Volunteers

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- Personal Background
- Living Condition Education Level
- Career Before Retirement
 Self Care / Need Carer
- **☑** Be a good listener & learn the patients' stories ☑ Understand how patients' background could

matter their health outcomes

Health Condition

- Chronic & Recent Illnesses
 Difficulties in Using
- Medications Challenges in Health System
- **☑** Observe patients' visible and invisible symptoms due to diseases and other health conditions
- ☑ Identify patients' difficulties in all aspects

Lifestyle

- Exercise Routine **Challenges in Daily Life**
- Social Engagement Dietary Habit

Use of Chinese Medicine
 Welfare Policies

☑ Enhance the skills to investigate and examine how patients' lifestyles correlate to their health condition

Knowledge

- **Drug Waste Disposal**
- Antibiotic Products
- **☑** Use laymen terms to conduct knowledge transfer **☑** Collaborate with, and learn new skills from peers of other disciplines



Results & Findings

According to the pre (n=141) & post (n=139) project assessments, the students enjoyed and were satisfied with the multi-disciplinary setting in community outreach. They also treasured the time spent with the elderly patients. Furthermore, they acknowledged that the outreach was helpful to strengthen their knowledge and career goals. On the other hand, 94% of the patients (n=1062) responded that university students' participation in this project was meaningful.

Key Knowledge Change

Geriatric Care Knowledge (p<0.001)

+18.6% +12.9% +15% Understand **Elders' Needs**

(p<0.001)

Medication Safety

(p<0.001)

Communication Skills

(p=0.051)

Students' Feedback & Satisfaction (n=148)

81%

Enjoyed helping patient with their physical & psychological needs

Enjoyed Improved attitude collaborating with & concept of IP other disciplines Collaboration

Patients were both service recipients and learning facilitators in our IPE project. Despite providing health service to the patients, students also improved their skills and translated knowledge in the community.

Take-home Message

Patients' role and involvement are crucial for the growth and upbringing of pre-licensesure health professional and social work students.